

Misty's Year

A Personalised 12-Month Astrological, Seasonal & Cycle Guide

An in-depth insight into your Taurus horse

Individually prepared for Misty

June 2026 - May 2027



Taurus Horse
Born 14 May 2018

Element: Earth

The Enchanted Horse

Ride beyond ordinary

*How to get the best from a **Misty** this year*

Understanding Your 12-month Guide

Misty is a Taurus horse and they thrive on routine, consistency, and clear communication.

They are rarely rushed into new things, but once they trust you, they become incredibly loyal and reliable partners.

The key to working successfully with a Taurus horse is patience, fairness, and consistency.

Inside Your Horse's Guide

Your guide is organised into carefully structured sections, each exploring your horse's behaviour and development from a different perspective.

You will find:

- A clear understanding of your horse through temperament
- An introduction to why behaviour changes, and how to recognise patterns
- The Taurus Horse
- Temperament, strengths, challenges, and how this type naturally responds to pressure, training, and environment
- Seasonal Patterns & Behaviour Shifts
- How light, grass, weather, and routine influence behaviour throughout the year
- Your Horse's Year at a Glance — Month-by-Month Patterns
- Each month explores how energy, behaviour, and sensitivity shift over time, and how to work with it
- Why This Works
- A grounded explanation of the natural cycles influencing behaviour, including environment, light, and shorter sensitivity cycles
- Training & Riding Through the Year
- How to adapt your approach based on changing conditions, rather than fixed routines
- Stable & Management Insights
- Feeding, turnout, and environmental awareness across the seasons
- Recognising Patterns & Building Awareness
- How to track behaviour and understand what repeats over time
- Journaling & Observation Pages
- Structured pages to record changes, build awareness, and strengthen connection

Welcome to Your Horse's Year

Understanding Your 12-month Guide

Welcome to your *Misty's* personalised 12-month Zodiac & Seasonal Guide.

This guide has been individually prepared for *Misty*, based on her zodiac temperament, the natural cycles of the year, and the subtle changes in energy that occur throughout the months.

Horses do not feel the same all year round.

There are times when they feel confident, energetic, stubborn, sensitive, calm, distracted, willing, or resistant, often without us fully understanding why.

Seasonal changes, daylight hours, environment, routine, and natural cycles all influence behaviour, mood, learning, and performance.

This guide is designed to help you:

- *Understand your *Misty's* natural temperament*
 - *Work with the seasons instead of against them*
 - *Recognise when progress may come more easily*
 - *Recognise when patience is needed*
 - *Adjust training, expectations, and routines throughout the year*
 - *Build a stronger partnership with *Misty**
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This is not about predicting the future.

It is about understanding patterns, energy, temperament, and timing, so you can work with your horse in a more natural and effective way throughout the year.

Think of this guide as a map of the year ahead, highlighting when to move forward, when to maintain, when to step back, and when to be patient.

Every horse is different, but understanding natural cycles helps you make clearer decisions, reduce frustration, and build a more balanced partnership.

The goal is simple:

To understand your *Misty* better, and have a better year together.

“The best partnerships are built not just on training, but on understanding timing, temperament, and trust.”

The Enchanted Horse

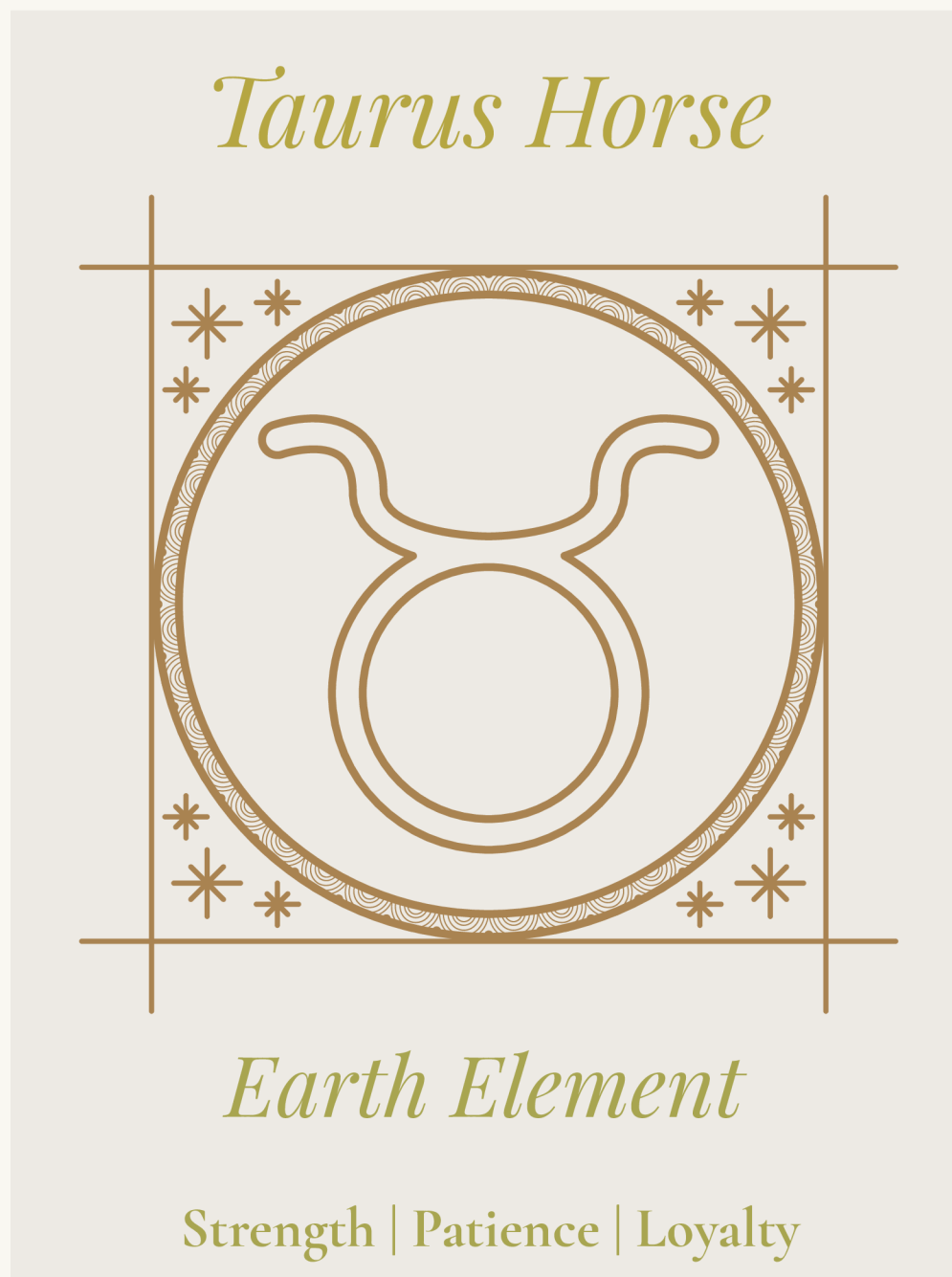
Ride beyond ordinary



MISTY'S NATURAL ASTROLOGICAL TRAITS

Misty – Taurus Horse at a glance

Born 14 May 2018



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- Steady
 - Loyal
 - Strong-minded
 - Routine-loving
 - Food motivated
 - Not fans of sudden change
 - Very dependable once they trust you

Best training approach: Consistency and patience

Biggest mistake riders make with Taurus horses: Rushing them

What they need most: Time and trust
